



WINTER 2026 EDITION

EMBRACING THE FUTURE

Parker University's
Commitment to
Human Performance
and Longevity

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ADVANCING ACADEMICS
THROUGH LEADERSHIP

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PARKER ALUMNI IN
PROFESSIONAL SPORTS

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PARKER
UNIVERSITY

Igniting Passion. Transforming Lives.

PARKER PRINCIPLES

Dr. Jim’s Parker Principles have become synonymous with chiropractic success. Behind the words, there is a truth that becomes very powerful when actualized. That truth will be different for every person based on his or her past experience, present situation, and future goals. By finding your own meaning in each Parker Principle, you will discover how to make life more fulfilling. We invite you to study the principles with us, find which ones speak to you, and start maximizing your potential as a doctor and healer.



To eliminate fear, worry, and anxiety, I must live in the present and let go and let God.

Love is the magic bullet of healing. I can optimize my mission, talent, and destiny (MTD) and attract the “naturally right” patients, people, places, things, events, and situations for me when I love each person as a mother, father, brother, sister, or child.

Develop a compassion to serve that is greater than the compulsion to survive.

I cannot communicate successfully and efficiently what I do not own.

We see things as we are, not necessarily as they are.

To attract my success, health, and happiness, I will eliminate fear of the future, worry over the past, and anxiety for the present.

Success is predetermined by my faith, confidence, and belief in my products, services, and ideas.

What I see in the universe sees me.

My ultimate purpose is to live in harmony with the universe. I can do so only when my mission is accomplished, my talents are developed, and my destiny is fulfilled.

To heal, remove “doubt” in both doctor and patient and instill “belief” in both doctor and patient.

To be in harmony with my success, health, and happiness goals, I must act with love based upon free will and react with faith based upon God’s will.

Nature will give me what I act like I already have!

There is no philosophy by which I can do a thing if I think I cannot.

If it is to be, it is up to me.

I will anticipate the good – even during the bad.

Seeing is not believing... believing is seeing.

Thought plus action equals feeling. My feelings attract my life to me.

Do not let the negative few overrule the positive many.

Loving service—my first technique.

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PROJECT LEAD
Tran Pham

PROJECT MANAGER
Theresa Ramirez

DESIGN
Jacob Patrick

CONTENT & COORDINATION
Kim Tran, Joey Dudrow

2540 Walnut Hill Lane
Dallas, TX 75229
214.902.2433
Parker.edu/Alumni

Questions? Comments?
We’d love to hear from you!
AskAlumni@parker.edu

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Igniting Passion. Transforming Lives.

CHARTING PARKER'S FUTURE

A DECADE OF GROWTH AND INNOVATION

As I mark my tenth year at Parker University, I celebrate a decade of resilience and growth. Over the past ten years, we've weathered storms—literally and figuratively—and emerged stronger than ever. From the 2019 tornado that led us to rebuild large parts of our campus, to navigating the challenges of COVID-19, we've continued to grow by double digits, year over year, for most of the past decade.

Today, Parker University stands as the largest chiropractic campus in the world, with more chiropractic students on this campus than any other campus in the world. Our chiropractic program and total enrollment in all our programs has more than doubled in the past decade, all while improving our academic standards. We currently have nearly 2,500 students in 34 programs and a world-class neuro center at the Dallas Star.

While the tornado and COVID-19 were disruptive, they also gave us the opportunity to rebuild one of the most modern and innovative healthcare academic facilities in the world. If you have not been back on campus in the past five years, I strongly encourage you to visit and take a tour. I am confident that you will be proud of the innovations now in place at the Parker University campus.

We have also taken meaningful steps to increase our impact in the broader healthcare community by expanding our research efforts. We are committed to being a beacon for evidence-based care, and several years ago, we launched our first peer-reviewed scientific journal, *The Journal of Contemporary Chiropractic*. This journal is available online as an open-access publication, freely accessible to clinicians and scholars around the world.

Parker Seminars celebrates its 75th year in 2026, and its impact continues to grow. We have expanded the reach and relevance of these seminars by bringing the thought leaders of this generation to our events—helping attendees expand their knowledge and remain relevant in an ever-changing professional landscape.

Looking ahead, our strategic plan is focused on broadening our horizons while staying true to our roots. We are diversifying income streams, investing in programs that dovetail with our mission, and positioning Parker to be a premier university for human performance and adaptability. Parker Seminars remains a cornerstone of that vision, continuing to deliver clinical, business, leadership, and self-improvement education to a new generation of attendees.

We know that everyone brings their own perspective, and we welcome those conversations. Our guiding philosophy remains that the body is a self-healing organism, and we are committed to removing barriers to good health so that natural healing can take place.

We stand on the shoulders of Dr. Jim Parker, whose visionary leadership continues to inspire us as we innovate and grow. Today, Parker is financially sound and debt-free, ready to invest boldly in the future. We invite all of you—alumni, partners, and friends—to join us in this vision and be part of Parker's next great chapter.

"Tradition is not the worship of ashes, but the preservation of fire, and that our future is strongest when we build it together."

Please consider joining us in building this future.



William E. Morgan, DC
President, Parker University





CELEBRATING 75 YEARS

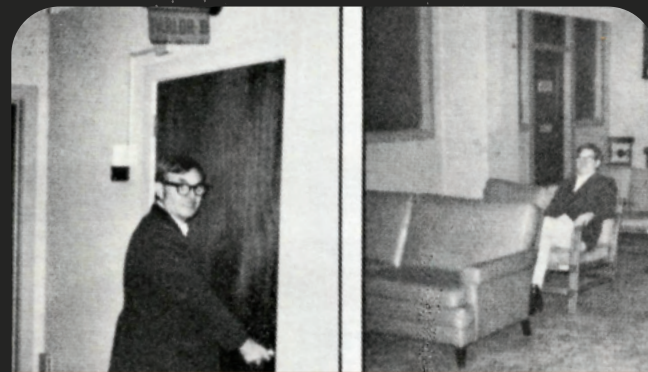
OF PARKER SEMINARS
A Legacy of Leadership, Learning,
and Community

This year marks a remarkable milestone for Parker University and the global chiropractic community: the 75th anniversary of Parker Seminars.

Founded in 1951 by Dr. James W. Parker, Parker Seminars began with a bold and simple idea—that chiropractors deserve world-class education, inspiration, and connection beyond the classroom. What started as a single seminar has grown into one of the most influential continuing education platforms in healthcare, shaping generations of doctors, educators, and leaders.

For 75 years, Parker Seminars has been more than an event. It has been a gathering place for ideas, innovation, and community—where science meets philosophy, where seasoned practitioners mentor the next generation, and where lifelong friendships are formed. From its early days to today's world-class experiences, Parker Seminars has continually evolved while staying true to its founding purpose: advancing the chiropractic profession and improving lives through education.

For our alumni, Parker Seminars is deeply woven into the Parker story. Many attended their first seminar as students, returned as practicing doctors, and now participate as mentors, speakers, exhibitors, and advocates. It is a shared tradition—one that connects past, present, and future Parker leaders.



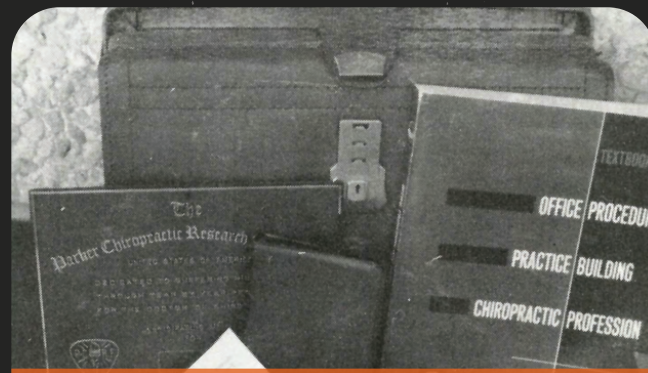
In December of 1951 Dr. Parker held his "Alpha" Parker Systems for Professional Success (PSPS) Seminar in Orlando, FL.



Celebrating the 100th PSPS Seminar and the first "Homecoming," held in May of 1958 in Fort Worth, TX.



Dr. Parker's twelve original PALs (Parker Associate Lecturer) who were instrumental in helping teach attendees over the early years.



Early seminar doctors, referred to as "Brown Baggers" received a brown leather bag with helpful publications and pamphlets.



KFC's Colonel Sanders at the January of 1971 Parker Seminar interrupts Dr. Herb True's talk and received an audience applause.



Parker Seminar's 14th annual Homecoming celebration welcomed Miss America winner Phyllis George with open arms.



In the fall of 1977, the Felt Forum of Madison Square Garden held what was then the largest ever Parker Seminar with more than 5,000 attendees.



The "Backbone" award given to President Ronald Reagan during the 239th Parker Seminar in January of 1979.



May of 1980 brought the establishment of the Woman Doctor Club, later renamed the WCWC (World Congress of Women Chiropractors).



The 300th Parker Seminar was a record-breaker with more than 8,000 attendees from all over the world.

As we continue Dr. Parker's legacy, we honor the visionaries who helped build Parker Seminars, the alumni and faculty who sustained it, and the global community that continues to support it. Most importantly, we look ahead—with excitement and gratitude—to the next chapter of learning, leadership, and impact.

Here's to 75 years of excellence—and to the generations still to come!

SEVEN
DECADES
OF
SERVICE

ADVANCING ACADEMICS THROUGH LEADERSHIP

A Look Inside Parker University's Provost Team



At Parker University, academic excellence does not happen by chance—it is the result of intentional leadership, collaboration, and a shared commitment to student success. At the center of this work is the Provost's Office, where a dynamic team of academic leaders is guiding the University into its next era of innovation, growth, and impact.

Under the leadership of Dr. Jayne Moschella, Executive Vice President and Provost, Parker's academic enterprise has continued to evolve to meet the needs of today's students and tomorrow's healthcare landscape. Working closely with a strong team of deans, the Provost's Office is advancing curriculum, strengthening accreditation outcomes, expanding programs, and ensuring that Parker remains at the forefront of health sciences education.

A Collaborative Leadership Model

What distinguishes Parker's academic leadership is its collaborative model. Each dean brings deep disciplinary expertise, while working collectively to align programs with Parker's mission: educating competent, compassionate professionals prepared to lead in an ever-changing healthcare environment. Together, this team oversees academic quality across multiple colleges and disciplines, ensuring rigor, relevance, and real-world application. Their work touches

every student experience—from curriculum design and faculty development to clinical training, research, and accreditation compliance.



Dr. Jayne Moschella

Provost and Chief Academic Officer

As Provost and Chief Academic Officer, Dr. Jayne Moschella provides strategic oversight for all academic programs and accreditation efforts at Parker University. With decades of experience in higher education leadership and accreditation, she brings a student-centered, outcomes-

driven approach to academic planning and institutional effectiveness. Her leadership emphasizes innovation, accountability, and collaboration, helping to position Parker for long-term academic strength and institutional success. In addition to academic affairs, Dr. Moschella oversees Financial Aid, the Registrar, the Center for Teaching and Learning Resources (Library Services), Institutional Effectiveness and Planning, Admissions, and Research, ensuring alignment across the full academic and student experience.

MEET THE DEANS



Dr. Don Dishman

Dean of Clinical Neurosciences

Dr. Don Dishman brings extensive experience in academic administration and program development, providing steady leadership for Parker's growing clinical neuroscience portfolio. His work emphasizes operational excellence, curricular consistency, and strong academic infrastructure—ensuring that both faculty and students are supported by clear expectations and high standards. Under his leadership, the Master of Science in Clinical Neuroscience and the Master of Science in Interprofessional Spine Management continue to prepare graduates for advanced, collaborative roles in healthcare.



Dr. Tammy Fogarty

Dean of Health & Human Performance

Dr. Tammy Fogarty is known for her unwavering commitment to academic integrity, faculty support, and regulatory excellence. She leads one of Parker's most diverse and expansive academic portfolios, ensuring that programs not only meet accreditation requirements but exceed expectations for quality, relevance, and student outcomes. Her oversight includes graduate programs such as the Master of Science in Functional Nutrition, Pediatric Musculoskeletal Health and Performance, Strength and Human Performance, Clinical Research, and Public Health, as well as undergraduate programs in Strength and Human Performance, Integrative Health, Nutrition Science, and Sport Psychology.



Dr. Celia Maguire

Dean of Academics, College of Chiropractic

Dr. Celia Maguire is widely recognized for her leadership in curriculum innovation and student success initiatives. She champions interdisciplinary learning and continuous improvement, ensuring that the chiropractic curriculum remains rigorous, relevant, and responsive to the evolving demands of healthcare practice. Her work plays a central role in maintaining Parker's long-standing reputation for excellence in chiropractic education.



Dr. Drew Riffe

Dean of the College of Health Sciences

Dr. Drew Riffe plays a critical role in advancing academic quality and program effectiveness across the College of Health Sciences. Known for his thoughtful, collaborative leadership style, he works closely with faculty to strengthen curriculum alignment, assessment practices, and student learning outcomes. His academic oversight includes bachelor's programs in Anatomy and Health Information Management; associate and applied associate degrees in Diagnostic Cardiovascular Sonography, Diagnostic Medical Sonography, Health Sciences, and Radiologic Technology; and certificate programs in Massage Therapy, Computed Tomography, Medical Assisting, Yoga Teacher Training, and EKG Technician Training.



Dr. Leon Tom,

Dean of Clinics, College of Chiropractic

As Dean of Clinics for the College of Chiropractic, Dr. Leon Tom brings a strong blend of academic insight and clinical expertise. His leadership ensures that clinical education remains grounded in evidence-based practice while adapting to emerging trends in patient care and healthcare delivery. Dr. Tom emphasizes faculty mentorship, student engagement, and clinical excellence—preparing students to transition confidently from the classroom to professional practice.

Impact Beyond the Classroom

The influence of this leadership team extends well beyond classrooms and labs. Together, they have guided:

- Expansion of new and emerging academic programs
- Strengthening of accreditation and compliance outcomes
- Enhanced faculty development and support
- Integration of research, innovation, and experiential learning
- Alignment of academic strategy with Parker's broader institutional vision

For alumni, this means the value of a Parker degree continues to grow—rooted in strong academic leadership and a clear commitment to excellence.

LOOKING AHEAD

As Parker University continues to expand its academic footprint and invest in innovation, the Provost's leadership team remains focused on one central goal: preparing graduates who are confident, competent, and ready to lead in healthcare and performance professions.

Their work ensures that Parker's academic foundation remains strong—honoring the University's legacy while boldly shaping its future. For alumni, students, and the Parker community, this team represents the steady, thoughtful academic leadership that keeps Parker moving forward.

THE VIRTUAL FRONTIER

TECHNOLOGY POWERING THE FUTURE OF HEALTHCARE EDUCATION



At Parker University, innovation isn't an add-on—it's embedded in how students learn, think, and apply their skills. Across every academic program, Parker integrates immersive technology, advanced visualization, and simulation-based learning to bridge the gap between theory and real-world practice.

By combining virtual environments, diagnostic imaging, performance analytics, and human-centered training tools, Parker prepares graduates to enter their professions with confidence, precision, and a deep understanding of the patient experience.

The Parker Metaversity

A hyper-realistic digital twin of Parker's Dallas campus, the Parker Metaversity allows students to step into virtual classrooms, labs, and collaborative spaces from anywhere in the world. Designed to enhance accessibility and engagement, this immersive environment supports real-time interaction, applied learning, and cross-program collaboration—creating a consistent campus experience regardless of location.

VHD VR: Advanced Anatomical Visualization

Through VHD VR (Virtual Human Dissector), students explore life-sized human models and perform layered dissections with exceptional accuracy. This technology allows learners to isolate systems, visualize spatial relationships, and reinforce anatomical concepts at their own pace—supporting diverse learning styles and strengthening the foundation for clinical and applied decision-making.

Advanced Diagnostic Imaging Labs

Parker's diagnostic imaging labs provide hands-on access to modern imaging systems and digital visualization tools used in today's healthcare environments. Students learn to interpret and correlate imaging findings with anatomy, biomechanics, and clinical presentation—building diagnostic confidence and reinforcing safe, accurate decision-making.

By integrating imaging into case-based learning and simulation scenarios, Parker ensures imaging is taught not in isolation, but as an essential component of interdisciplinary practice.

Simulation & Performance Technology: SimX and FSTT

Simulation technologies such as SimX and Force Sensing Table Technology (FSTT) bring objective feedback and real-time assessment into the learning environment. SimX allows students and faculty to engage in shared virtual clinical scenarios, while FSTT provides precise data on force, speed, and technique—supporting skill refinement through measurable outcomes.

These tools help students move from repetition to mastery with clarity and confidence.

Bodyswaps: Building the Human Side of Care

Technology at Parker isn't just about technical skill—it's about human connection. Bodyswaps, an AI-powered soft-skills platform, allows students to practice communication, professionalism, and patient interaction in a psychologically safe environment.

Through embodied immersion and AI-driven feedback, learners gain insight into their presence, empathy, and communication style—skills that are essential across all healthcare and human performance professions.

Technology with Purpose

At Parker University, technology is never meant to replace the human touch—it exists to sharpen it. By integrating immersive learning, diagnostic imaging, simulation, and communication tools across all programs, Parker prepares graduates to think critically, act confidently, and lead with compassion in an evolving healthcare landscape.

Learn about Parker University's educational technology at [Parker.edu/educational-technology](https://parker.edu/educational-technology).



EMBRACING THE FUTURE

PARKER UNIVERSITY'S COMMITMENT TO HUMAN PERFORMANCE AND LONGEVITY



At Parker University, we've always believed in the body's natural ability to adapt and thrive. Now, we're taking that belief to the next level by becoming the foremost authority on human performance, adaptability, strength, and longevity. In a rapidly growing area of healthcare, we're not aiming to be experts in everything—just the best at what we do.

Our vision is simple and bold: to create a center of excellence where we research and enhance the human condition. We're already renowned for our world-class chiropractic program, and now we're adding new dimensions. With leaders like Dr. Andy Galpin, we're pushing past disease treatment and into next-level research designed to elevate human performance and potential.

“In every adaptation lies the potential for greatness. Our new Human Performance Center is where we unlock that potential, pushing the boundaries of human capability.”

Imagine a future where we not only help patients recover but also enhance their performance and longevity. At Parker, we're creating a hub for human performance research, collaborating with government agencies and top experts to advance our understanding and impact. This center will serve as a beacon of innovation, attracting researchers and practitioners alike.

Parker's Human Performance Center, currently housed at the Parker Performance Institute located at the Dallas Star, is already making waves. With cutting-edge facilities and expert teams, we're working with patients who have traumatic brain injuries, professional athletes, and first responders to boost human performance and resilience.

“As we build this center, we're not just creating a space, but a legacy—a beacon of innovation that will inspire generations to come.”

While our Human Performance Center currently operates within the Parker Performance Institute, we're excited to announce that we've recently acquired a 64,000-square-foot building adjacent to our campus. It is our hope that this new facility will eventually house our expanding human performance programs, allowing us to grow and innovate further. As we raise funds and plan for the future, we envision this building becoming a central hub for research,



academic facilities, and community engagement. This strategic expansion will ultimately enrich our university and solidify our position as a leader in human performance and longevity.

As we move forward, we'll delve into the science of muscle adaptation, digital twin modeling, and advanced motion labs. Our aim is to inspire not solely our current students and alumni but also the next generation—teaching them about homeostasis, adaptability, and the potential to extend healthspan, not just lifespan.

“Our commitment to human performance is not just about enhancing bodies; it's about enriching lives, extending healthspan, and empowering every individual to thrive.”

In short, Parker University is on a mission to become the global leader in human performance and longevity. Our expanding programs and cutting-edge research will pave the way for a healthier, longer-lasting future.



Introducing Andy Galpin, PhD, MS

Leading the charge is a nationally recognized expert in performance science, Dr. Andy Galpin who brings more than two decades of experience in exercise physiology, elite sport performance, and applied research. Known for translating complex science into practical results, his work has influenced athletes, clinicians, and researchers worldwide.

As Executive Director of Parker's Human Performance Center, Dr. Galpin is helping shape a new model where education, research, and clinical care work together to push the boundaries of how we understand the human body. His arrival marks a pivotal moment for Parker — positioning the university at the forefront of performance science and integrative healthcare. Under his leadership, students aren't just learning about human performance; they're stepping inside the labs, research, and innovation that are defining its future.



POSITIONING INNOVATION IN HEALTHCARE | INTRODUCING PARKER UNIVERSITY'S NEW YOGA EDUCATION PROGRAM

Parker University is proud to mark a significant milestone with the launch of its Yoga Education initiative, beginning with a comprehensive 200-hour Yoga Teacher Training program. This new offering reflects the University's continued commitment to integrative, evidence-informed education and its mission to prepare leaders in health, wellness, and human performance.

The 200-hour Yoga Teacher Training provides a strong academic and experiential foundation in yoga philosophy, anatomy, biomechanics, mindful movement, breathwork, meditation, and effective teaching methodology. The curriculum is intentionally designed to balance tradition with science, ensuring graduates are prepared to teach safely, ethically, and with a deep understanding of the human body. Instruction is delivered by highly qualified

faculty and grounded in Parker's longstanding emphasis on clinical excellence and whole-person care.

Over the next several years, Yoga Education at Parker will expand in a thoughtful and strategic manner to include a 300-hour advanced certification, specialty training modules, community education programs, and ultimately a Master's degree in Therapeutic Yoga. Each phase of development is being implemented with a focus on academic rigor, sustainable growth, and meaningful integration with Parker's broader academic and clinical infrastructure. Collaborations with the Parker Performance Institute, Parker Seminars, and the greater Dallas-Fort Worth wellness community will further strengthen the program and create opportunities for interdisciplinary learning and professional advancement.



This initiative has been made possible through the extraordinary generosity of philanthropist Satish Gupta and the Gupta Agarwal Charitable Foundation. Their \$362,000 gift provided the foundational support necessary to launch the program, recruit expert faculty, and develop high-quality instructional resources. The gift also supports a strategic partnership with SVYASA (Swami Vivekananda

Yoga Anusandhana Samsthana) University in India, a global leader in yoga research and education, reinforcing Parker's commitment to evidence-based, internationally informed wellness education.

Through this transformative investment, Parker University is positioned to become a leader in therapeutic yoga education. The Yoga Education program not only expands academic offerings but also creates new pathways for students and alumni to engage in integrative care, professional growth, and service to their communities—advancing Parker's mission of improving lives through education, research, and compassionate healthcare.

Learn about scholarship opportunities for this program at Future@parker.edu.

FROM INQUIRY TO IMPACT

How Parker University Is Shaping
the Future of Healthcare

Research at Parker University is no longer a supporting act—it is a defining force driving education, innovation, and real-world impact.

A Message from the Provost

At Parker University, we believe the future of healthcare depends on curiosity, compassion, and courage—the courage to ask better questions and the commitment to pursue meaningful answers. Research at Parker is not separate from teaching or service; it is the thread that connects them. Our students are learning to think critically, our faculty are advancing knowledge, and our partners are helping us translate science into impact. Together, we are building a university where discovery is part of everyday learning and where research serves people, communities, and the profession.

– Dr. Jayne Moschella
Executive Vice President & Provost

Research That Lives Everywhere

At Parker University, research is not an isolated activity reserved for a few faculty or advanced scholars. It is a living, breathing part of our academic culture—woven into classrooms, clinics, laboratories, and communities. As we relaunch the Parker University magazine, it is fitting that we highlight a transformation redefining who we are: Parker is becoming a research-driven university, one where discovery fuels education, innovation, and real-world impact.

Over the past year, Parker’s research enterprise has accelerated in remarkable ways. Faculty, students, alumni, and partners are working together—asking better questions, pursuing meaningful answers, and translating knowledge into practice.

This ecosystem is organized around four integrated research pillars: the Research Center, Scholarly Engagement, the Human Performance Center, and the Parker Performance Institute. Together, these pillars ensure that research at Parker moves seamlessly from inquiry to application—benefiting students, faculty, patients, partners, and communities alike.

“*At Parker University, research is not an isolated activity—it is a living part of our academic culture.*”

A Growing Portfolio with Global Reach

During the 2024–2025 academic year, Parker faculty and collaborators produced 14 peer-reviewed publications, with more in submission, accepted, or in press. Their work appeared in respected journals including BMJ Open, Journal of Applied Physiology, Stroke & Vascular Neurology, and Journal of the International Society of Sports Nutrition—covering topics from patient safety and clinical outcomes to sleep, nutrition, biomechanics, and human performance.

Faculty also presented research at major conferences across North America and Europe, including Copenhagen, Davos, Seattle, Minneapolis, and New Orleans, demonstrating Parker scholarship is contributing to global conversations shaping healthcare practice and policy.

Students at the Center of Discovery

A defining characteristic of research at Parker is the central role students play in the discovery process. From early in their academic journey, students work alongside faculty in clinics, laboratories, and research teams—contributing to case reports, poster presentations, literature reviews, and original studies.

A student-led case report from Parker clinics was published in the Journal of Contemporary Chiropractic, while additional student projects were accepted for national research competitions in science and clinical outcomes. Parker also launched a student research roundtable, giving students a structured space to evaluate scientific literature and build confidence as emerging scholars.

“*Students at Parker are not observers of research; they are collaborators in discovery.*”

Mentorship as a Research Engine

Behind every successful research project is mentorship—and at Parker, mentorship is intentional, structured, and measurable. Over the past year, 18 faculty members mentored students, adjuncts, staff, and alumni across nine formal research initiatives, producing manuscripts, conference presentations, and competitive grant proposals. This model allows research to scale while building continuity across programs and generations of scholars.

The Journal of Contemporary Chiropractic: A Platform for Scholarly Voice

Parker University is also home to the Journal of Contemporary Chiropractic, an open-access, peer-reviewed journal that amplifies evidence-based scholarship and clinical innovation worldwide. The Journal publishes

scientific studies, case reports, educational research, and clinical insights that inform practice and advance patient-centered care. In 2025 alone, the Journal published 44 papers, including contributions from chiropractic researchers and Veterans Affairs collaborators nationwide. By engaging faculty, students, and collaborators as authors and reviewers, the Journal reinforces Parker’s role as a leader in knowledge creation and dissemination for the chiropractic and integrative healthcare professions. [View the publications at Journal.Parker.edu.](https://www.parker.edu/journal)

Funding, Partnerships, and What’s Next

Through competitive grants, philanthropic gifts, and sponsored research agreements, Parker’s research enterprise is nearing \$1 million in awarded and committed support, with additional proposals under review. The return on investment extends far beyond dollars—supporting students, strengthening accreditation, attracting top faculty, and translating research into clinical innovation through the Parker Performance Institute.

RESEARCH AT A GLANCE

More than
\$680,000
in grants, gifts, and sponsored research

18 faculty mentors
across nine
initiatives

6 international
research
conferences

14 peer-reviewed
publications in one
academic year

Looking Ahead

Parker University is building something enduring—a research ecosystem rooted in purpose, collaboration, and impact. Our faculty are asking bold questions. Our students are discovering their voices as scholars. Our partners are investing in our future. And our institution is rising to meet the moment.

Learn more at [Parker.edu/research-at-parker](https://www.parker.edu/research-at-parker).



A LEGACY of SERVICE

Dr. Kenneth Thomas Reflects on 40 Years at Parker

Parker University is honored to recognize the retirement of Dr. Kenneth Thomas after decades of dedicated service. With heartfelt gratitude, we thank him for a legacy shaped by leadership, mentorship, and an unwavering commitment to students—one that has strengthened the Parker community and impacted generations of future doctors. In honor of his extraordinary contributions, Parker is proud to establish an endowment in his name, ensuring his influence will continue by supporting and inspiring the next generation for years to come. To honor Dr. Thomas and help carry his impact forward, we invite you to contribute to the Dr. Kenneth Thomas Endowment and support future Parker students.

An Unexpected Calling

Dr. Kenneth Thomas never set out to become a teacher, administrator, or leader in chiropractic education. Like many Parker students, he arrived with a simple goal: graduate, open a practice, and serve patients. Forty years later, his journey tells a much richer story.

"When I started at Parker, I never imagined I'd go into teaching or administration," Dr. Thomas says. "What I ended up doing was never, ever on my mind, but God had the perfect plan for me and it just kind of happened."



From One Class to a Career in Leadership

After graduation, a delay in licensure led him to a small, part-time teaching role—just one class. "I realized I really enjoyed teaching," he recalls. "One year turned into another, and before I knew it, I became the first Director of Chiropractic."

He went on to serve as Dean of Chiropractic, Dean of Clinical Sciences, Dean of Clinics, Vice President of Academics, Vice President of External Affairs, and later as an educational consultant. Though he briefly left to open a private practice, "Eventually, I came back," he says, "and that's when I knew Parker was truly home."

Finding Chiropractic—and Parker

"I was looking at healthcare and even interviewed at an osteopathic medical school," he explains. "But the time commitment didn't make sense. Chiropractic offered something different—you were a portal-of-entry physician, and you could complete the program in three years."

After an orthopedic surgeon recommended shoulder surgery, three chiropractic adjustments eliminated his pain. "That really impressed me," he says. "Everything aligned, and Parker was where that path led."

A Profession Transformed

"When I first graduated, we were often dismissed or labeled as quacks," he says. "That case went all the way to the U.S. Supreme Court—and we won. That victory changed everything."

Today, chiropractors are an essential part of multidisciplinary healthcare teams. "We've trained students to work collaboratively," he says. "That integrative approach is the future, and Parker has stayed ahead of it."

The Power of Parker Seminars

Few experiences shaped Dr. Thomas more than Parker Seminars. "He had a tremendous influence on me," Dr. Thomas says of Dr. Jim Parker. "He hired me, promoted me, and believed in me."

Dr. Thomas credits the seminars with providing real-world perspective. "School is school," he says, "but the seminars show you what's happening in the field at that very moment." Even now, he believes in-person seminars remain irreplaceable. "You can't feel passion through a screen," he says. "Seminars refuel your mind and your soul. That human connection—that's something technology will never replace."

Service, Mentorship, and "MasterCard Moments"

Service has been a defining principle throughout Dr. Thomas's career. "I've never said no when asked to serve," he says. "I truly believe you receive as much as you give."

"One of Parker's core principles is that what you send out into the universe comes back to you," he says. "Dr. Parker lived by that, and he taught me to do the same."

Guided by faith and the Parker philosophy of service, Dr. Thomas says, "I've never said no when asked to serve... I believe in giving back. I truly believe you receive as much as you give."

He credits mentors like Irene Gold: "She taught me how to teach," he says, and "I've been doing board reviews for 40 years because of her guidance." Even in her 80s, Gold still teaches "out of passion," and Dr. Thomas adds, "That's the example we should all follow."

As an educator, his greatest fulfillment comes from students. "When you see the light go on in a student's eyes—you know they got it," he says. When former students reach out years later, "I call those 'MasterCard moments'... Money can't buy them. They're priceless."



A Legacy That Continues

As Parker establishes an endowment in his name, Dr. Thomas sees his impact continuing well beyond his own career. "It means your chiropractic life continues long after you're gone," he says. "Training the next generation—there's no greater honor."

Reflecting on four decades at Parker, he returns to a truth he never expected when his journey began. "I never planned on chiropractic. I never planned on Parker," he says. "Yet it became everything in my professional life."

When asked what he hopes today's Parker students take with them, his advice is simple: "Set your goals—and never, ever give up on them," he says. "No matter what obstacles you face, don't let them stop you."

For Dr. Thomas, Parker has never been just a place to work or teach. "Parker isn't just a school. It's a family, and once you're part of it, that never leaves you."

PARKER ALUMNI IN PROFESSIONAL SPORTS

Parker University is proud to celebrate three remarkable alumni who have risen to the highest levels of sports chiropractic. At the Professional Football Chiropractic Society gathering, Dr. William Morgan sat down with Dr. David Ballinger (Baltimore Ravens), Dr. Fred Casper (Dallas Cowboys), and Dr. Jason Levy (New York Jets) to discuss their journeys, their skills, and their advice for the next generation of chiropractors.

Though their paths varied, each highlighted the same core themes: master your craft, work as part of a team, and be ready when opportunity appears.



Dr. David Ballinger – Baltimore Ravens

Parker Graduate: 2007

Dr. David Ballinger's path to the NFL combined dedication, location, and the support of his family. After 15 years of building a strong general practice near the Ravens' facility—and treating many athletes from local gyms—he was invited for an interview that launched his professional sports career. Dr. Ballinger emphasizes that in the NFL training room, every practitioner brings unique strengths. For chiropractors, he says, the gift is the adjustment.

Q: How did you get your big break into professional athletics?

A: A little bit of luck—I was practicing near the Ravens' facility, and one of my patients was connected to the organization. They invited me in for an interview.

Q: What's the number one skill the team wanted from you?

A: They wanted to know that I understood the human body and injuries—and that I could fix them. Mainly, they were looking for excellent adjustments.

Q: What advice do you have for students?

A: Treat the training room like a family. Bring your strengths, support everyone else, and stay in your lane.



Dr. Jason Levy – New York Jets

Parker Graduate: 1995

Dr. Jason Levy has built a dual career with both the New York Jets and the New York Red Bulls. A lifelong athlete himself, he focused early on learning the techniques used by doctors treating Olympians and pros, integrating those skills into his private practice. His break came when a trainer—who had heard of him through a patient—invited him to interview. Today, Dr. Levy stresses the importance of soft tissue expertise, extremity work, and being an excellent teammate within a multidisciplinary sports environment.

Q: What steps helped you prepare for working with professional athletes?

A: I learned the tools that top sports doctors use—soft tissue techniques, extremity work, and specialized approaches—and brought them into my practice.

Q: What skills do pro teams most value?

A: Being able to treat soft tissue and extremity injuries is huge. You need more than spinal adjustments to care for athletes effectively.

Q: What advice do you offer future sports chiropractors?

A: Learn multiple approaches, treat soft tissue well, and be a team player. In pro sports, you stay in your lane and support the entire care team.



Dr. Fred Casper – Dallas Cowboys

Parker Graduate: 1999

Entering his 20th season with the Dallas Cowboys, Dr. Fred Casper built his reputation by honing his skills, treating a wide variety of patients, and earning trust over time. His initial break came through a personal introduction that led to what he jokingly describes as “almost like a blind date” with the head trainer. Dr. Casper notes that staying in professional sports requires constant growth: relevance, adaptability, and exceptional adjusting skills are key.

Q: How did your opportunity with the Cowboys begin?

A: Someone I treated knew the team and introduced me to the head trainer. I offered to work on a few players—and one of them called that night saying how great he felt. That's what started it all.

Q: What's the most important skill the Cowboys expect from you?

A: To get their players better. Ultimately, every member of the training staff shares that goal.

Q: What advice would you give young chiropractors?

A: Work hard, master your craft, and have as many tools in your bag as possible. But above all, become an amazing adjuster.



ALUMNI SPOTLIGHT

Dr. Tenika Graves – Serving Underserved Communities

Parker Graduate: 2019

After graduating in 2019, Dr. Tenika Graves began building her practice just as the pandemic hit, forcing her to adapt quickly. Today, she serves as the only chiropractor in Gary, Indiana, working within a federally qualified health center alongside medical doctors and other providers. Her role allows her to bring chiropractic care to underserved populations while educating colleagues who were unfamiliar with the profession. With a balanced schedule and meaningful patient outcomes, Dr. Graves describes her work as both low-stress and deeply rewarding. Her message to new graduates: stay persistent, stay purpose-driven, and don't give up.

Q: What makes your current role fulfilling?

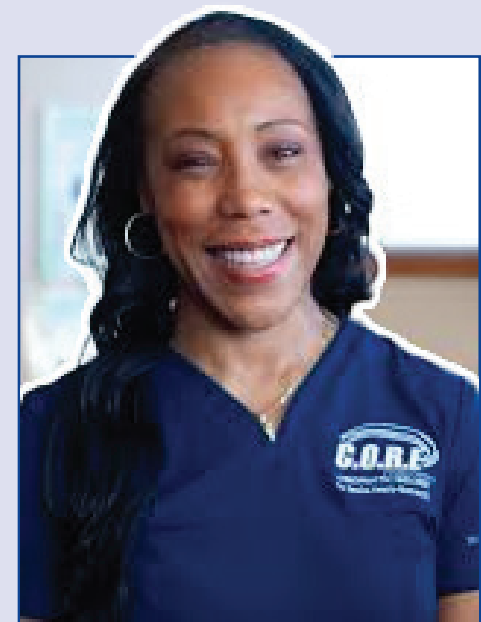
A: Serving underserved patients and helping medical providers experience the benefits of chiropractic has been incredibly rewarding.

Q: What was the biggest challenge starting out?

A: Beginning practice right before the 2020 shutdown made growth difficult—but persistence paid off.

Q: What's your advice to future chiropractors?

A: Don't give up. You're in this profession for a reason—follow your purpose.



ALUMNI *of the* YEAR



COLLEGE OF HEALTH SCIENCES

Johnny Solis, MT '15

"It is an incredible honor to receive the Alumni of the Year award. I want to extend my deepest gratitude to the massage team whose commitment to excellence inspires me every day. And thank you to Parker University for the exceptional education and the opportunities you have provided. I am proud to be an alumnus, and I am deeply grateful for this recognition."



COLLEGE OF CHIROPRACTIC

Blake Graham, DC '15

"I was deeply honored to receive the Alumni of the Year award from Parker University. I am grateful for the education and the community of dedicated colleagues I built during my time there, which continue to influence my work in sports medicine, education, and leadership. It is a privilege to represent Parker and to give back to the institution that helped lay the foundation for my career."



AMBASSADOR OF THE YEAR

Andrew Oteo, DC '10

"I'm deeply honored and grateful to be recognized as Parker University's Ambassador of the Year. Parker gave me the tools to serve, lead, and make an impact, and it's a privilege to represent the university by inspiring future chiropractors and helping elevate the chiropractic profession."



THANK YOU TO OUR 2025 ALUMNI BOARD

The Alumni Association would like to extend our heartfelt thanks to our outgoing Alumni Board members — Dr. John Caruso, Dr. Shelby Loughridge, Dr. Brian Mann, Dr. Carl McAfee, Dr. Gordon Newell, and Dr. Cristina Robinson, — for their dedicated service and leadership. Their terms concluded this past December, and their contributions have left a lasting impact on the Parker community.

2026 BOARD OF DIRECTORS

EXECUTIVE COMMITTEE



Jason Black, DC '99
President



Ken Thomas, DC '86
Vice President



Derrell Blackburn, DC '13
Secretary

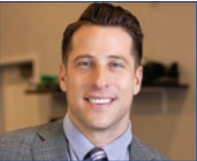
BOARD MEMBERS



Ryan Bailey, DC '11



Mehrsa Harati, DC '15



Jesse Jacobs, DC '12



Shelby Johnson, LMT '15



Colby King, DC '12



William Lawson,
DC '93



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Abby Weitkamp



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Manager of Alumni
& Donor Systems &
Relations

Tran Pham
Director of Alumni
Relations

Kim Tran
Coordinator of Alumni
Events & Engagement

Stewards of the Alumni Community

The Parker University alumni network is a lifelong community, and we're proud to help keep those connections strong. From reunions and events to everyday moments of outreach and support, we love hearing from alumni and celebrating all you're accomplishing. The Alumni Relations Department is always ready to help you stay connected to Parker—no matter where life takes you.



After Hours

CLINIC VISIT PROGRAM

The After Hours Clinic Visit Program connects small groups of students with Parker University alumni through in-person clinic visits or a virtual option. In a relaxed setting, students gain firsthand exposure to how chiropractic practices operate and can ask questions about billing, marketing, staffing, and daily operations.

Participating chiropractors guide the discussion based on what they feel most confident sharing—whether that's practice management, business operations, patient retention, or an open Q&A—helping students envision their future in practice.



To express interest in participating, please complete the interest form by **scanning the QR code** or contact the Parker University Office of Alumni Relations at **888.PR.ALUMS** or **AskAlumni@Parker.edu**.



ALUMNI MENTORING PROGRAM

We're excited to launch our new Alumni Mentoring Program, connecting alumni with current students through meaningful, career-focused relationships. Using the same system as our Community-Based Internships (CBI) program, signing up is simple—especially for alumni who are already CBI doctors. **Scan the QR code to submit your application and become a mentor.**





A DEDICATED VOICE FOR STUDENTS

Sitting Down with Parker's Student Senate President

Abby Weitkamp, a North Carolina native, discovered her passion for chiropractic care after soccer injuries in middle school led her to clinicians who made her feel truly heard. She went on to earn her B.S. in Exercise Science with honors from the University of South Carolina, where she researched adolescent concussion outcomes. After shadowing a functional neurologist, she knew she'd found her calling. Now in her seventh trimester, she is pursuing her Doctor of Chiropractic. She is also completing a master's in clinical neuroscience on a full scholarship, driven by a commitment to patient-centered, neurologically informed care.

Q. What does the Student Senate do? How does it support students and the university as a whole?

A: The Student Senate connects students with university leadership, bringing concerns directly to decision-makers to improve campus life. Each DC cohort elects officers and two senators, while blended, massage, and sonography programs each have a representative. With cohort sizes ranging from about 220 to 20 students, the senate ensures every program has a voice.

Q. What drew you to Parker, and what do you think will make you proud as a Parker alum?

A: Parker offers exceptional neurological opportunities—like PPI, shadowing, Neuro Club, and a robust master's program—along with strong faculty support and an on-campus clinic. Dallas provides additional professional advantages, and students can choose from a wide range of master's programs and continually expanding electives. Graduates leave proud of both the university's innovation and the experience they've built for themselves.

Q. What motivated you to run for Student Senate President?

A: I've always been a "doer." I'm Type A and action-oriented. I knew I could communicate well across trimesters and wanted to make meaningful change. I felt I was in a great position to serve as that representative.

Q. What accomplishments are you and the Senate most proud of this year?

A: Our year started in September, so not too long ago. Our biggest accomplishment is addressing student concerns quickly—often before the monthly meetings. It keeps things from piling up and gives students faster answers.

Q. What is your top priority for the rest of your term?

A: Better communication. I want to shift the mindset from "just complaining" to problem-solving. Instead of letting frustration build, email professors, email supervisors, take action. We all have a rigorous schedule—we don't have time to let issues drag on.

Q. Are there any club events or student events happening?

A: Clubs are very active—some meet twice a week. Alumni After Hours events are popular, and Student Affairs brings in adjusting seminars.

Recent and upcoming things include:

- The golf team traveling for nationals
- Parker Seminars
- Chiro Games in May
- Tri-Olympics in July
- SABCA food drives
- Off-campus seminars attended by clubs like Motion Palp and RTP

Q. What are your plans after graduation?

A: I plan to move back to North Carolina, associate at a functional neurologist's office for about a year, and then open my own functional neurology practice.

STUDENT SPOTLIGHTS



Megan Harris, Chiropractic College - Tri 8

Former STCA President

"I am originally from Nacogdoches, Texas, and chose Parker University because of its emphasis on evidence-based practice and its wide-reaching impact on the chiropractic profession, an approach that closely aligns with my values and goals. One of the highlights of my time at Parker has been serving as president of the Student Texas Chiropractic Association, where I've had the opportunity to meet remarkable doctors, attend Chiro Texpo seminars, and gain access to experiences that have helped me grow both personally and professionally. These opportunities, along with the lifelong connections I've made, are what will make me proud to graduate as a Parker alum, and as I look ahead, I am open to all possibilities—whether staying in Dallas or exploring opportunities abroad, I'm excited to see where this journey takes me."



Lani Fox, Chiropractic College - Tri 9

President of Student Veterans Organization

"I am a wife, mother of two, and Air Force veteran who grew up in Utah and joined the military at 18, and after leaving the service, I knew my desire to serve others—especially in healthcare—was not over. After earning my undergraduate degree in Kinesiology at UMD and being mentored by Dr. Plotkin, I discovered chiropractic and took a leap of faith to pursue it."

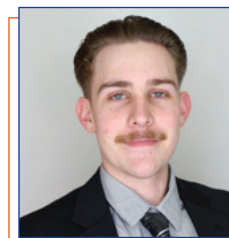
Now entering Tri 8 at Parker University, I was drawn to its military-friendly culture, flexible learning options, and strong support system. I've valued the friendships, faculty mentorship, and milestones like my first cervical adjustment, and I plan to pursue a neurology diplomate and eventually open my own practice—going wherever God leads my family."



Brailyn Jolivette, Chiropractic College - Tri 7

SABCA Community Service Chairperson

"I am Brailyn Michelle Jolivette, a DC student from New Iberia, Louisiana, where growing up in a close-knit southern community shaped my appreciation for connection, authenticity, and caring for people of all walks of life. Outside of school, I am a professional photographer, and after experiencing a traumatic eye injury and vision loss, witnessing moments of love, vulnerability, and celebration deepened my empathy and belief that healing begins with truly seeing and understanding people. Drawn to Parker University through the encouragement of recent graduates and its supportive environment, I've found purpose serving as a SABCA executive board member through community service, and after graduation I plan to associate, open my own practice, become a doula, and serve women and families through chiropractic care, perinatal advocacy, and lifelong connection."



Nicola Gismondi, Chiropractic College - Tri 3

Neuro Club Officer

"I am Nico Gismondi, a trimester two Doctor of Chiropractic student at Parker University with undergraduate degrees in Exercise Science and Business Management from Xavier University. Drawn to chiropractic's holistic, hands-on approach after learning about Parker at an NSCA conference, Parker Power Weekend confirmed my decision through its strong focus on student experience and professional development. Through Parker Seminars, Neuro Club, and working at the Parker Performance Institute, I've expanded my learning beyond the classroom and plan to continue refining my clinical skills, pursue lifelong learning, and eventually teach and mentor future chiropractors."



BUILDING MOMENTUM

A Q&A with Aaron Gilbreath, Director of Athletics

Since joining Parker University just over three years ago, Aaron Gilbreath has played a pivotal role in shaping a rapidly growing athletics program built on culture, competition, and connection. Under his leadership, Parker Athletics has gained momentum through national-level achievements, increased visibility, and record student engagement both on and off the field. As the program continues to evolve, Gilbreath reflects on his journey, the milestones reached over the past year, and his vision for the future of Parker student-athletes and alumni.

Gilbreath serves as Director of Athletics at Parker University, bringing with him a strong athletic foundation as a former collegiate baseball player at Dallas Baptist University. Prior to his role in athletic administration, he spent eight years coaching as a pitching coach and recruiting coordinator at Northeast Texas College, Northwestern Oklahoma State University, and Texas Southern University, where he focused on developing competitive programs and mentoring student-athletes. His passion for sports extends beyond his professional career, a fact underscored by the name of his 18-month-old son, Luka Witten—a tribute to sports standouts Luka Doncic and Jason Witten.

What drew you to Parker University, and what made this role the right next step?

"The chance to help build an athletics program with no ceiling, right in the heart of Dallas, immediately stood out to me. After completing my Master's in Sports Administration in 2018, I knew this opportunity, confirmed by an early conversation with Dean Mount and Dr. Morgan, was the right moment to transition from coaching into a leadership role focused on culture, growth, and student development."

If you had to sum up this year for Parker Athletics in three headlines, what would they be?

"Men's Volleyball Builds Momentum with Strong Wins and Chemistry Ahead of 2026"

"2025 Tri Olympics Ignite Record Student and Faculty Engagement Across Campus"

"Student Participation Surges as Intramurals and Team Rosters Expand Across Athletics"

What standout achievements define Parker Athletics this year—both competitively and beyond?

"Parker Athletics made major strides this year in expanding the school's brand on and off the field. Locally, Parker strengthened its presence across the DFW area through partnerships, events, and competitions with major universities. Nationally, the volleyball and golf programs introduced Parker to more than 75 new institutions. That exposure was matched by on-field success, including a top-20 national ranking for baseball in 2024, marquee wins by the men's and women's volleyball teams, and standout golf performances led by Gage Foddrell, whose regional victories have helped put Parker golf on the map."

What were some highlights from the 2025 ParkerFit Games and the Chiro Games?

"The 2025 ParkerFit Games reached a new level of energy and competition with the move to a co-ed team format, setting a strong foundation for the future. The Chiro Games continue to grow as well, with added sports and opportunities, highlighted by Parker's third straight football championship and an exciting outlook heading into 2026 at Logan University."

How can alumni stay connected and support Parker Athletics throughout the year?

"The best way for alumni to stay engaged is simply to show up—whether that's attending games, campus events, or even competing in intramurals. Athletics become a meaningful part of the Parker experience, and with an exciting long-term vision ahead, the connection between alumni, students, and athletics will only continue to grow."

Follow [@ParkerFitAthletics](#) on Instagram to stay in the game.

6th
place finish in the NCCGA Texas Region (2025)

GOLF

Chase Cleveland
Conference leader in hit by pitches (7)

BASEBALL

2
regional tournament wins

GOLF

Ethan Damron
Top 50 finish at the Pinehurst Open

GOLF

12-8
women's volleyball record (2025)

VOLLEYBALL

9+
wins per season (out of 15)

BASEBALL

TOP 20
NCBA ranking (as high as #16)

BASEBALL

Craig Keuchel
Conference leader in home runs (5) — 2024
Conference leader in RBIs (29) — 2024

BASEBALL

BY THE NUMBERS

Parker Athletics is in its 3rd year of existence and has seen all three sports (Baseball, Volleyball, and Golf) continue to improve, advance to higher levels, and to achieve new milestones annually. The Parker Baseball team began as an NCBA Division 2 member and with its success is now at the Division 1 level for NCBA in the Gulf Coast North Conference. The Parker Golf team average team score in 2022-2023 season was +9.5 over par and has since dropped to a +6.5 over par and has had three different individuals finish a tournament inside of the top 20. The Men's Volleyball team in 2024-2025 season reached its high mark in winning percentage, winning 85% of their matches. Same goes for the Women's team reaching a high mark, winning 67% of their matches. Marquee wins for the Men's team included victories against Texas Tech, Oklahoma, and Oklahoma State.

Cory Howard
Conference leader in wins (5)

GOLF

2
consecutive 2nd-place conference finishes (2024-25)

BASEBALL

Gage Foddrell
#2 ranked golfer in the NCCGA Texas Region (2024-25)
1st place finishes in two Texas Regional tournaments

GOLF

14-4
men's volleyball record (2025)

VOLLEYBALL

Jacob Williamson
Led Gulf Coast Conference in strikeouts (63) — 2024

BASEBALL

4
All-Conference selections in three years

BASEBALL

Drew Nelson
Top 50 finish at the Pinehurst Open

GOLF

#5
men's volleyball SIVA ranking (2025)

VOLLEYBALL



KEEPING IT IN THE FAMILY

2025 Graduates Presented Their Degree by Alumni Family Members



Isabella Hill, DC '25
Presented by her father
Joel Hill, DC '91



Brett Rivera, DC '25
Presented by his father
Jaime Rivera, DC '92



Grayson Howard, DC '25
Presented by his father
Greg Howard, DC '95



Guy Parker, DC '25
Presented by his brother
Travis E. Parker, DC '04



Mireyah Constancio, DC '25
Presented by her cousin
Ashely Salazar Valdez, DC '15



Kara Oliver, DC '25
Presented by her father
Charlie Oliver, DC '09



Garin Brassie, DC '25
Presented by his brother
Justin Brassie, DC '22



Timothy Chapman, DC '25
Presented by his father
Tim Chapman, DC '96



A Full-Circle Graduation: When Mentorship Becomes Legacy

Jason Ingram, DC '00

“Watching my student referral, Brandon Curry, go from CA of the year to walking across the graduation stage this year was a full-circle moment I will never forget—especially knowing it happened on the exact date I graduated 26 years ago. That shared day made the experience deeply personal and symbolic, reminding me why mentorship, access, and encouragement matter so much. This diploma represents more than an academic achievement; it stands for perseverance, growth, and the power of believing in someone’s potential. Seeing Brandon reach this milestone reaffirmed my commitment to supporting students on their journeys and honoring the paths that brought us here. Moments like this remind us that education doesn’t just change individual lives—it creates legacies.”

FACULTY SPOTLIGHT



Dr. Darren D. Howland
Lead Professor, Anatomy Program

For nearly nine years, Dr. Darren D. Howland, Lead Professor for Parker University's Anatomy degree program and Pre-DC students, has helped guide students from uncertainty to confidence as they prepare for careers in healthcare. Recognized with Parker's Innovation Award in 2020 and holding a Ph.D. in Education Administration from Liberty University with "Most High Honors," Dr. Howland has made a significant impact through scholarship, including his widely downloaded dissertation, "The Experiences of African American Students Attending Chiropractic Colleges in the United States," which has drawn interest from organizations worldwide. A former Parker student himself, he chose the university for its reputation for excellence and continues to value its supportive culture, strong teamwork, and student engagement.



Dr. Dana Hollandsworth
Professor and Department Chair, Chiropractic Sciences

Dana Hollandsworth, DC, MEd, MSc, cAVCA, Professor and Department Chair of Chiropractic Sciences, marks 10 years at Parker University this month. She is part of an international research team studying the forces used in canine adjusting, with plans to pilot equine research—work aimed at strengthening training for chiropractors and veterinarians who adjust animals. Her recent publications include global collaborations on how COVID-19 changed manual therapy education (2021) and the use of force-sensing devices in spinal manipulative therapy research and teaching (2025). Dr. Hollandsworth says she most values the shared commitment of students and colleagues to improving patient care and advancing the profession. A Parker alumna, she chose to stay because the university continues to evolve, support students, and lead the field through initiatives like Parker Seminars.

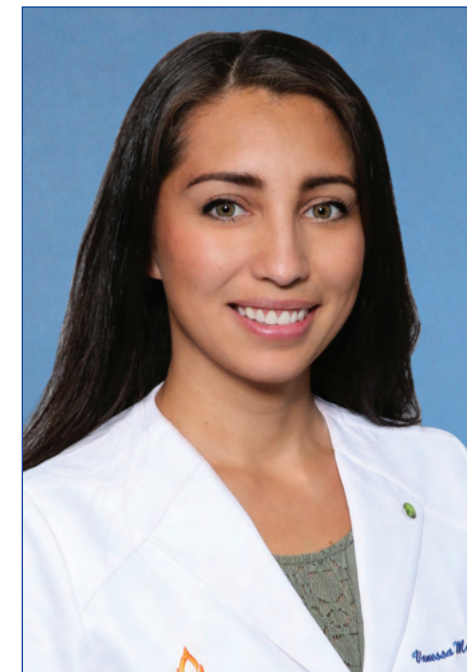
Dr. Kathryn Hartlieb
Professor and Program Director, Functional Nutrition Program

Kathryn Brogan Hartlieb, PhD, RDN, FTOS, Professor and Program Director of Parker University's M.S. in Functional Nutrition, has been with Parker for nearly six years. She was named a Pediatric Obesity Subject Matter Expert by the Commission on Dietetic Registration and contributed to the 2025 curriculum update for obesity training in pediatrics and adults. An international Motivational Interviewing (MI) Trainer for organizations in Korea, Japan, and mainland China, she has also published widely on MI in adolescent weight management and health professional education. Dr. Brogan Hartlieb values researching and teaching practical functional nutrition and behavior-change communication, and she chose Parker for its collaborative, service-driven culture and students' commitment to evidence-based patient care.



Dr. Vanessa Morales
Director of Clinical Assessment Dallas Clinic

Vanessa Morales, DC, MPH, MS has been part of the Parker University community for 10 years and has served as Director of Clinical Assessment since October 2019. Previously, she worked in the Clinical Sciences Department, leading courses in Patient Management and Wellness Concepts. Dr. Morales has collaborated closely with Parker's research team on studies centered on patient-centered care, with more recent work exploring artificial intelligence in assessment and public health-focused interventions within the clinical system. Her contributions have been recognized with the Distinguished Educator of the Year Award and the LeadHer of the Year Award. She says what she loves most about Parker is that her work aligns with her passion and is strengthened by supportive leadership and like-minded colleagues committed to making a real impact. Originally from Las Vegas and familiar with Parker through Parker Seminars, she chose Parker because it matched her values and goals—and says it has exceeded her expectations since graduating in 2011.





ONE TEAM, ONE FIGHT

Inside The INVICTA Project – Restoring Brain and Body Health for Our Nation’s Heroes Through Innovation, Partnership, and Purpose

For many veterans and first responders, the injuries of service don’t end when the uniform comes off. Repeated impacts, blast exposures, and chronic stress often lead to traumatic brain injury (TBI), post-concussion symptoms, chronic pain, disrupted sleep, and metabolic imbalance. The INVICTA Project exists to change that reality.

The INVICTA Project is a donor-supported initiative providing veterans and first responders access to cutting-edge, non-invasive care at no cost. In collaboration with Parker Performance Institute (PPI) and Parker University, INVICTA delivers access to comprehensive, individualized treatment designed to restore balance, resilience, and long-term function.

A Mission in Motion

During Fiscal Years 2025–2026, The INVICTA Project demonstrated measurable growth in participation, partnerships, and national visibility. In 2025 alone, 36 participants completed one- and two-week intensive treatment cycles, with additional veterans and first responders scheduled into 2026. Since inception, more than \$620,000 has been invested directly into participant care—evidence of strong financial stewardship and sustained donor confidence.

Precision-Driven Care

INVICTA’s program is built on three integrated pillars:

Neurology – Advanced diagnostics and targeted therapies support brain and nervous system health, improving symptoms such as dizziness, headaches, light sensitivity, and cognitive instability.

Physiology – Precision lab panels and metabolic testing guide personalized strategies for energy, recovery, cardiovascular health, and resilience.

Integrative Healthcare – A unified care team coordinates across neurological, chiropractic, metabolic, and rehabilitative disciplines to deliver seamless, mission-focused care.

Each participant’s two-week stay in Frisco, Texas includes in-depth evaluation, advanced testing, a tailored care plan, and daily recovery services, followed by long-term digital concierge support after returning home.

Powered by Partnership

INVICTA’s impact is made possible through a strong network of foundation, corporate, and nonprofit partners. Support from organizations such as Big Country Veterans, Marine Reconnaissance Foundation, Patriot Project, Special Forces Trust and Tevona LLC fuels program delivery, while strategic collaborations expand referrals, outreach, and continuity of care.

Lasting Impact

INVICTA’s growth is not just numerical—it’s personal. Each participant represents a life strengthened and a professional restored to greater capacity. As Director and Lead Ambassador Chris May states, “One team, one fight—every participant fuels our commitment to provide the best service for our country’s greatest assets.”

With proven outcomes and expanding partnerships, The INVICTA Project is positioned for continued growth—restoring the health of those who have given so much.

Learn more or partner with us at INVICTAProject.org



“One team, one fight—every participant fuels our commitment to provide the best service for our country’s greatest assets.”

**– Chris May, MGySgt USMC Retired
Director and Lead Ambassador
for The INVICTA Project**

36

participants served
in 2025

\$412,700

in funding raised in 2025

100%

of donations cover treatment,
labs, supplements, and travel

“...But to come to one place where all of that could be analyzed and evaluated for performance — I don’t think I could have chosen a better place.

They looked at my whole body and created a program specifically designed for my treatment.”

– **Donald ‘Doc’ Ballard**
Colonel (US Army Retired) & Medal of Honor Recipient

“Dr. Nalli got me set up, and what surprised me was how quickly they got my joints moving again and straightened me up. I noticed it the very first day.

When I got back to the hotel, I was standing straight up and down—I wasn’t hunched over anymore.”

– **Robert Patterson**
Command Master Chief (US Navy Retired)



April 18, 2026

Frontiers of Flight Museum
6911 Lemmon Ave, Dallas, TX 75209

Join us for an unforgettable evening of hope, heroism, and healing.

Together we’ll honor our nation’s bravest while raising critical funds to support The INVICTA Project’s participants.

Enjoy an inspiring keynote, live and silent auctions, tributes to Medal of Honor recipients, and the satisfaction of knowing every dollar raised directly restores the lives of those who’ve sacrificed so much for us.

Learn more at INVICTAProject.org/events



WHAT TO LOOK FORWARD TO AT PARKER'S HOMECOMING 2026



Homecoming Golf Tournament – October 1

Join us for the Parker University Alumni Homecoming Golf Tournament, a fun and meaningful kickoff to Homecoming weekend. This exciting event brings alumni, friends, and supporters of Parker University together for a day on the course filled with camaraderie and competition. Whether you're an experienced golfer or simply looking to enjoy the day, all are welcome to participate. Most importantly, all funds raised directly support student scholarships, helping future Parker students achieve their educational goals.



Class Reunions – October 2

We are excited to welcome members of the graduating classes of 1986, 1996, 2001, 2006, and 2016 to a special reunion reception. This gathering will be a wonderful opportunity to reconnect with classmates, share memories, and celebrate the Parker experience together. We encourage everyone to help spread the word and make sure your classmates don't miss out. If you are interested in helping plan the event or serving as a class representative, please email us at AskAlumni@parker.edu.



Celebrate Legacy with the Parker Century Club

The Parker Century Club is a meaningful way to honor your connection to Parker University while supporting its future. Century Club members receive the opportunity to leave a lasting mark through a personalized engraved brick on campus. During Homecoming, we will host a special brick laying ceremony for all new Century Club members to place their bricks in person. Bricks may be purchased for yourself, your office, or in dedication to a friend, family member, or mentor. This is a unique way to celebrate your legacy and show your Parker pride for generations to come.

2025 ALUMNI EVENT HIGHLIGHTS



GRAND OPENING OF THE PARKER UNIVERSITY ALUMNI LOUNGE

The Alumni Lounge officially opened during Homecoming Weekend, welcoming over 280 alumni. Dr. Morgan and board members marked the occasion with a special ribbon-cutting ceremony.



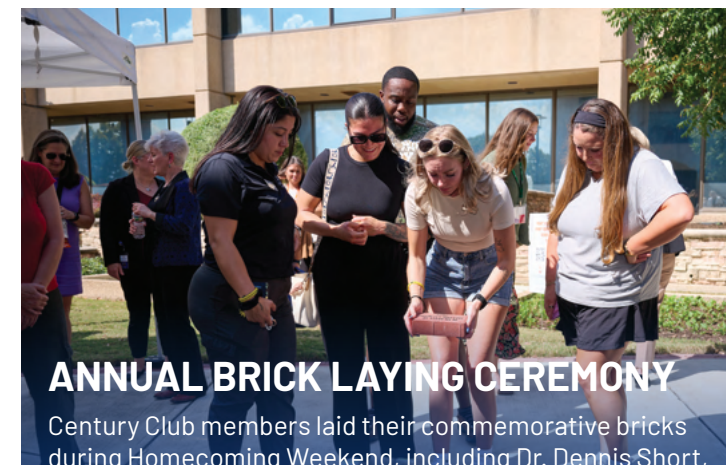
ALUMNI REUNION DINNER

Homecoming brought alumni back together as the Classes of 1985, 1990, 2000, 2005, and 2015 reunited for an evening of fellowship, stories, and Parker pride.



ANNUAL HOMECOMING GOLF TOURNAMENT

Parker's Homecoming Golf Tournament united the community for a day of fun and friendly competition at The Lakes Course at Indian Creek. With support from players and sponsors, the event raised over \$31,000 for student scholarships and future healthcare leaders.



ANNUAL BRICK LAYING CEREMONY

Century Club members laid their commemorative bricks during Homecoming Weekend, including Dr. Dennis Short, Dr. Callie Short, Dr. Robin Kline, Jeanne Reese, Dr. Kendall Hill, and Chiro Match Makers. A special memorial brick was also placed in honor of Jaelynn Stewart.



PARKERFIT GAMES

The ParkerFit Gym was filled with excitement as athletes gathered for the ParkerFit Games, launching Homecoming Weekend with friendly competition and teamwork.



ALUMNI ASSOCIATION BOARD OF DIRECTORS LUNCHEON

Homecoming Weekend included the Alumni Board Luncheon, where the 2025 board discussed key priorities and bylaws, and expressed gratitude to outgoing members for their leadership and commitment.



PARKER UNIVERSITY CAREER & RESOURCE FAIR

March 10, 2026

11am - 1:30pm

Parker University Campus

Join us at the Parker Career & Resource Fair to connect with talented, driven students ready to step into the field. Build your visibility on campus, share career pathways and wellness resources, and meet your future hires.



Scan here to submit your interest form

NEXT UP

HONORING THOSE WHO MAKE OUR MISSION POSSIBLE

THANK YOU 2025 DONORS!

TOP 10 DONORS OF 2025

Gupta Agarwal
Charitable Foundation
Echo Technologies

Marine Reconnaissance
Foundation
Mike Barbour

Amanda Tress
Big Country
Veterans

The Patriot
Project
Kevin Klika

Kamaya
Cohen
Jodi Burns

Aaron Conley	Andrew Fogg	Bridget Monaghan	Chris Whalen	Dana Tankell	Dr Monique Lyons	Gene Swinson	International Chiropractors Association	Jessica Viels	Kathryn Bryan '18
Aaron Gilbreath	Andrew Oteo '10	Brother Recon LLC	Chris Williams	Danielle Diaz	Drew Wilson	George Linscott	Jaime Porter	Jim David	Kathryn Fowler
Aaron Pagnard	Angela Klement	Bryan McCormick '02	Christ Gougenheim	Danielle Girdano	Dustin Tabbert	Gery Hochanadel	James Hooks	Jimmy Barcus	Kathryn Miller
Adelita Bass	Angelina Avalos	Bryce Ledbetter	Christina Wellner	David Mason	Eileen Schofield	Gloria Moloney	Jamie Hofeldt	Joan Black-Van Zandt '14	KC Orren
Adrian Adamson	Anita Haque	Caesars Entmt - Harveys Tahoe	Christopher Cantu '14	David Prioux	Elements of Architecture, Inc.	Grant Campbell '15	Jason Arozamena	Joe Ferrantelli	Kelly Fox
Al Maharg	Anjum Odhwani	Callie Garrison- Short	Christopher May	David Shapiro	Ellen Gutow	Haydee Klika	Jason Ashby	John Ashford	Kenneth Alamo
Alan Wood	Anthony Lisi	Cameron Hall	Christopher Shiflett '21	David Siebert	Emily Holliday	Healing Humans Chiropractic + Wellness	Jason Black '99	John Donovan	Kenneth Castoral
Alejandra Arriaga	Ashish Kolli	Cameron Pineda '24	Cindy Liebsch	David Tucek	Emily Sharma	Hector Zarate	Jason Hicks	John Huston	Kenneth Thomas '86
Alex Radulic	Ashley Riffelbach	Cameron Stewart	Cindy Parks	Dennis Short	Eric Pfeil	Helen Evans- Johnson '25	Jay Ferguson '06	John Martin	Kevin Mitchell
Alex Vidan	Aspen Lasers	Carl McAfee '11	Clare Morgan	Derrell Blackburn '13	Eric Stewart	Highland Builders	Jayne Moschella	John Witherwax	Kimberley Hooks
Alexander Acosta	Austin Clark	Carline Vilfort	Clinical Compass	Derrick Vier '25	Ethos Medical Group	Holly Ackermann	Jeanne Reese	Jones Chiropractic	Kirstena Snawder
Alexandra Harrel	Barbara Taylor	Cassandra Heathcote	Cody Palmer	DFW Safes & Delivery	Everett Johnson '06	HUB International	Jeff Smalley	Jordan Wohlwend	KISD Family Alliance
Alicia Hawes	Bart Steffen	Chad Kooiman	Comfort Rehab	Diana Martin	Frank Means '93	Human Touch	Jeff Steele	Joseph Dudrow '17	Krista Borgardt
Alicia Martinez	Bedworth Properties	Charles Darling	Corey Malnikof	Diane Sherwood- Palmer	FreeForm Chiropractic	Hurt Law Firm PLLC	Jenni Morgan	Joseph Seabrooks	Kristi Deihl
Amanda Etheridge	Ben Hogan	Charlotte Nieders	Craig Kiser	Dilhar De Silva	GameDay Productions Inc	Husch Blackwell LLP	Jennifer Holland	Josh Mills	Kristine Hudson
American Chiropractic Association	Brad Bailey	Charrette Chiropractic	Cristina Robinson '96	Don DeGroot	GameDay's - Everyday Heroes	iHeartMedia Entertainment Inc	Jerelle Gordon	Josh Walker	Kristy Carbonelli- Cloutier '23
Ammon Zukeran	Bradley Ridout	Chick Herbert	Cynthia Parks	Donald McNutt	Garrett Long	Jerome Butler	Jeremy Miles	Joshua Barousse	Lairisy Jimenez Medero
Amy Branch	Brandin Bull	Chris Krolczyk	Dallas Stars Alumni Association	Donald Petersen	Garrick Athletics, LLC	Jerry Harkins	Jeremy Moffitt	Joshua Marquis '15	Lance Hughston
Amy Lowe	Brian Bailey			Douglas Brady '17		Jesse Jacobs '12	Jerry Harkins	Joshua Raposa	Lani Fox
Amy Wood '04	Brian Fillingim						Jesse Jacobs '12	Judy-Ngoc Pham	Larry Kulik
Andrew Cheesman	Brian Stone							Katherine Caldwell	

Lauren Duininck	Michelle Adams '14	Rachel West
Leon Tom '99	Miguel Arredondo '91	Raising Canes
Lifefblue Inc	Mike Dwyer	Chicken Fingers
Lily Kuehne	Mike Jones	Randall Wettig
Lindsey Greenwell	MKS Systems	Rebecca Whittaker '05
Lisa Gabriel	Nathan Radabaugh	Richard Harris
Lisa Goodman	National Board of Chiropractic Examiners	Rick Stokes '17
Lore Carr	NCMIC Insurance Company	Robert Bowen
Lori Veltri	Neta Kimel '94	Robert Grice
Mandi Swanson	New Patient Maven Inc	Robert Hillman
Margie Smith	Nhung Nguyen	Robert Marks
Maria Dominguez	Nick Anselmo	Robert McLean
Marianne Wilson	Nick Hastings	Robert Merritt
Marius Hossu '05	Nicky Kirk '20	Robert Meska
Mark Baker '99	Nicole Murphy	Robert Rosenbaum
Mark Lusk	Noelle White '23	Robert Slattery
Mark Peters	Oliver Smith	Robin Kline
MarQuonne Anderson	OMNIWave USA	Robinson Wellness Clinic.
Marriott	Otis Perkins '18	Ronald Wells '95
Marsh and McLennan Agency LLC	Outfront Media Inc	Rose Lepien '91
Matthew Davis	Patrica Mora	RP Strength
Megan Erickson	Patrick Acton	Ryan Petty
Mehrsa Haratizadeh '15	Patrick Mahaffey '22	SAGE Dining Services Inc
Melissa Ilardo	Paul Seager	Sammy Davis
Michael Clark	Paul Wells	Sandra McLean
Michael Day	Pete Nelms	Sara Farris
Michael Hyjek	Phyllis Frase-Charrette '24	Scot Hildreth
Michael Jackson	PKC LLC	Scott Gojkovich
Michael Jurgelewicz '07	Progressive Laboratories, Inc.	Scott McFarlane
Michael Liebsch		Sean Delph
Michael Pettet		Sean McKenna
Michael Scott		Sewell Automotive
Michael Setliff '94		Shashonee Sales
		Shawnee Harkins

Shelby Loughridge '18	The Four P Foundation
Shellie Mattson	Theresa Ramirez
Skiles Group Inc	Tim Holland
Southwest Airlines	Tim Schrijver
Federal Credit Union	Todd Polatis '15
Spectrum Reach	Todd Press
SSC Services for Education	Todd Whitehead
Stacy Penland	Tommy Walker '17
Stephen Cortez	Tony DeRamus '99
Stephen Konstans	Tran Pham
Stephen Mainka	Trenda Sweeney
Stephen Marshall	Trevor Wendel
Stephen Williams	Trevor Jones
Steven Barcus	Ultimate Achievers Club
Steven Brooks '99	Vincent Scheffler '07
Texas Chiropractic Association	Wellborn 2R Ranch
Texas Film Gear LLC	William Morgan
Texas Gun Experience	Zachary Peters
The CA Building Sciences Group	



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YOUR DONATIONS HAVE A LASTING IMPACT

Dear Donors,

I am writing to express my heartfelt gratitude for this academic opportunity. Your generosity has truly touched my heart, and I am so grateful for the opportunity it gives me to continue pursuing my dreams. It is not only an incredible honor, but it will also make a profound difference in my educational journey.

Dear Committee Members,

I want to express my heartfelt gratitude for being chosen as a recipient of the 2025 Alumni Endowment Scholarship. Receiving this award is not only a financial relief, but also a reminder that the hard work and dedication I put into my education are recognized and supported by Parker University alumni.

This scholarship lightens the financial load of pursuing my chiropractic degree and gives me greater freedom to take full advantage of my clinical training and academic opportunities. Instead of worrying about the weight of tuition costs, I can devote more energy to refining my adjusting skills, growing my knowledge base, and preparing to serve future patients with excellence.

Your generosity also motivates me to continue striving for leadership and service in the profession. My ultimate goal is to practice in an integrative setting where chiropractic care plays a central role in improving the lives of chronic pain and geriatric patients. Support like yours helps make that vision possible.

Thank you again for your generosity and commitment to investing in students like me. I am deeply appreciative and look forward to carrying this encouragement forward in my academic journey and professional career.

Irs,

I like to sincerely thank you for your generous support through the Donor ship this trimester. Receiving this scholarship is an incredible honor, and I am grateful for your investment in my education and future.

As a chiropractic student at Parker University, I am fully committed to both my academic success and serving the community through healthcare. This scholarship will help ease the financial burden of tuition and expenses, allowing me to dedicate more time and focus to my studies, clinical training, and preparation for upcoming examinations. It will also give me the opportunity to engage more fully in leadership roles and outreach initiatives that are deeply meaningful to me.

Your generosity not only provides financial relief, but it also motivates me to strive for excellence in the classroom, in clinic, and as a future chiropractor. Inspired by your willingness to give back to students, and I hope one day I can offer the same generosity to others who are pursuing their dreams.

Thank you again for your kindness and support. I look forward to expressing my gratitude in person at the Scholarship Luncheon this September.

With appreciation,

EARN YOUR MASTER'S DEGREE ONLINE WITH PARKER UNIVERSITY

Parker University offers a variety of online master's programs and degrees for students who are dedicated to achieving careers that make a difference in the lives of others! Whether you pursue a master's degree in Functional Nutrition, Clinical Research, Public Health, Strength and Human Performance, Clinical Neuroscience, or Business Administration, you will have the knowledge, real-world experience, and preparation required to become an influential industry leader. Build your competitive edge with a master's degree from Parker University!

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THE INVICTA *Gala*

April 18, 2026

Frontiers of Flight Museum
6911 Lemmon Ave, Dallas, TX 75209

Join us for an unforgettable evening of hope, heroism, and healing.

Together we'll honor our nation's bravest while raising critical funds to provide life-changing, no-cost brain and body restoration treatments for veterans and first responders suffering from traumatic brain injuries and post-concussion symptoms.

Enjoy an inspiring keynote, live and silent auctions, tributes to Medal of Honor recipients, and the satisfaction of knowing every dollar raised directly restores the lives of those who've sacrificed so much for us.

Tickets, tables, and sponsorships are limited – secure yours today and be part of giving our heroes their lives back.

Learn more at INVICTAProject.org/events



**PURCHASE YOUR TICKETS
OR SPONSOR THIS EVENT**

PARKER UNIVERSITY ALUMNI ASSOCIATION

GOLF TOURNAMENT



THURSDAY, OCTOBER 1
DALLAS, TX

**CALLING ALL GOLFERS -
NO MATTER YOUR SKILL LEVEL!**

The Homecoming Golf Tournament Is Open To Everyone! Come Out, Swing Some Clubs, Connect With Great People, And Enjoy A Fun Day On The Green!



**SIGN UP NOW AND
JOIN THE EXCITEMENT!**



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We want to celebrate the incredible achievements and milestones of our alumni community—both personal and professional. If you've recently started a new practice, received an award, welcomed a new family member, or have other exciting news to share, we'd love to feature you in the monthly newsletter or returning alumni magazine.

Submit your updates and let your fellow alumni know what you've been up to!

WHAT TO LOOK FORWARD TO IN 2026

Career and Resource Fair
March 10, 2026

Summer Graduation
August 8, 2026

Parker Power Weekend
March 13, 2026

Homecoming Golf Tournament
October 1, 2026

Parker Preview Day
March 14, 2026

ParkerFit Games
October 1, 2026

Spring Graduation
April 11, 2026

Parker Seminars Dallas
October 2-4, 2026

Parker Seminars Miami
June 12-14, 2026

Winter Graduation
December 5, 2026

**Dates subject to change*