



# LEARN IT. LIVE IT.

## STRENGTH & HUMAN PERFORMANCE

MASTER OF SCIENCE



FULLY ONLINE



INTERNSHIP AVAILABLE

Parker University's Master of Science in Strength and Human Performance equips you to lead in athletic performance, injury prevention, and rehabilitation. Whether you're an aspiring strength and conditioning coach or a healthcare professional looking to expand your expertise, this program delivers the advanced knowledge and real-world preparation you need.

Apply today at [Parker.edu](https://Parker.edu)



PARKER  
UNIVERSITY



# LEARN IT. LIVE IT.

## PARKER UNIVERSITY'S MASTER OF SCIENCE IN STRENGTH AND HUMAN PERFORMANCE DEGREE

By joining Parker University's Strength and Human Performance program, you'll become part of a forward-thinking, evidence-based academic community dedicated to optimizing human performance. You'll learn from experienced faculty who are actively involved in sports science and rehabilitation, and gain hands-on experience using cutting-edge technologies and methodologies. Whether you aim to work with elite athletes, support injury recovery, or drive innovation in performance research, this program positions you at the forefront of a fast-growing, high-impact field—empowering you to turn your passion into a powerful career.

### WHY PARKER'S STRENGTH AND HUMAN PERFORMANCE PROGRAM?

- Parker offers a gold-star curriculum with CASCE accreditation through the National Strength and Conditioning Association (NSCA) (required to earn strength & conditioning certification starting in 2030)
- Learn from Parker's Strength & Human Performance Advisory Board, including luminaries in the field such as Dan John, Kelly Starrett, and Brett Winchester
- Work with seasoned faculty professionals with real-world experience in strength, conditioning, rehab, and sport science
- Align with Parker's Human Performance Center to be a part of groundbreaking research in the human performance sphere
- Access strong student support for online students, including tutoring, mental health support, and career services
- Financial aid and scholarship support available\*

### INTERNSHIP CONCENTRATION

Parker's program offers an optional concentration in Strength & Conditioning that includes a 300-hour in-person internship providing students with hands-on experience at training facilities anywhere in the country. The academic courses taken simultaneously are designed to prepare students to sit for the Certified Strength and Conditioning Specialist (CSCS) exam upon graduation.

\*Financial aid programs are subject to change without prior notice due to updates in federal, state, or institutional policies. This may include changes to the types of available aid, award amounts, eligibility criteria, and application procedures.

### CAREER OUTLETS FOR PARKER UNIVERSITY'S STRENGTH AND HUMAN PERFORMANCE GRADUATES

- Fitness Trainer & Instructor
- Athletic Director
- Recreational Therapist
- Exercise Physiologist
- Fitness Tech Engineer
- More

### Accreditation

Parker University is accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) to award associate, baccalaureate, masters, and doctorate degrees. Parker University also may offer credentials such as certificates and diplomas at approved degree levels. Questions about the accreditation of Parker University may be directed in writing to the Southern Association of Colleges and Schools Commission on Colleges at 1866 Southern Lane, Decatur, GA 30033-4097, by calling (404) 679-4500, or by using information available on SACSCOC's website ([www.sacscoc.org](http://www.sacscoc.org)).

Parker University's Graduate Strength and Conditioning Program holds accreditation from the Council on Accreditation of Strength and Conditioning Education (CASCE). This accreditation underscores our unwavering dedication to maintaining superior standards of excellence within our program. Through meticulous evaluation of our curriculum, faculty, and facilities, we are committed to equipping our students with the comprehensive knowledge, practical skills, and hands-on experience needed to excel in the realm of strength and conditioning while prioritizing athlete safety.



Parker University's Master of Strength and Human Performance with a concentration in Strength and Conditioning holds accreditation from the Council on Accreditation of Strength and Conditioning Education (CASCE).

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