

A photograph of three people in a gym setting. In the foreground, a man with a beard and short hair is lifting a large black weight plate above his head with both arms. Behind him to the left, a woman is also lifting a weight plate. To the right, another woman is in a lunge position, lifting a weight plate. The gym has large windows in the background and various exercise equipment like kettlebells and medicine balls are visible.

# IN POSITION

TO BALANCE MIND, BODY  
AND SCIENCE.

## Strength & Human Performance Master of Science



FULLY ONLINE

The Master of Science degree in Strength and Human Performance at Parker University prepares graduates to apply evidence-based research into application to promote health, enhance physical performance, and prevent athletic injuries.

**Apply today at [Parker.edu](https://Parker.edu)**



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UNIVERSITY


Igniting Passion. Transforming Lives.

SHP



The Master of Science in Strength and Human Performance provides an expansive study of evidenced-based research in physiology, biomechanics, and human metabolism to enhance health, function, and physical performance. Graduates of this program can pursue careers as Physical Fitness Instructors, Strength and Conditioning Instructors, or in Sports Psychology and Sport Research among others.

### What is the Career Outlook for Parker University's Master of Strength & Human Performance graduates?<sup>1</sup>



10% growth rate for exercise physiologists through 2028

**1,500** <sup>JOBS</sup>



1,500 projected employment for exercise physiologists through 2028



**\$117,205**

National average salary for a Fitness Tech Engineer

#### Other career outlets for Parker University's Master of Strength & Human Performance graduates include:

- Fitness Trainers & Instructors
- Athletic Director
- Recreational Therapist
- Exercise Physiologists
- Fitness Tech Engineer
- More

<sup>1</sup><https://www.bls.gov/oes/2018/may/oes291128.htm>

<sup>2</sup><https://www.indeed.com/career-advice/finding-a-job/high-paying-jobs-in-fitness>

### Why Parker University's Master of Strength and Human Performance Program?

- Post grad resources and support upon graduating
- We combine education and research to offer an education second-to-none
- Online tools and resources are continuously improved upon to provide cutting-edge education
- Job-finding assistance available in many forms for all graduates
- Online learning and tutoring resources available
- Financial aid available

#### Accreditation

Parker University is a not-for-profit university and is regionally accredited by the Southern Association of Colleges and Schools Commission on Colleges.

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