



PARKER
UNIVERSITY

Igniting Passion. Transforming Lives.

FACT SHEET

MASSAGE THERAPY

CERTIFICATE/ ASSOCIATE OF APPLIED SCIENCE

ESSENTIALS

- Preparation for the Federation of State Massage Therapy Boards' Massage Board Licensing Exam
- 345 hours of clinical and hands-on training
 - 24 credit hours of general education courses
 - 36 credit hours of concentration courses

GRADUATES WILL BE PREPARED TO:

- Identify the relationships between the structure and function of the human body.
- Incorporate advanced massage technique knowledge with clinical application across a variety of clinical settings.
- Develop business goals and objectives for a career in the health and wellness industry through internships and other development opportunities.
- Demonstrate multiple therapeutic and relaxation modalities in order to provide appropriate client care, including:
 - Swedish
 - Myofascial release
 - Neuromuscular therapy
 - Seated Massage
 - Reflexology
 - Shiatsu
 - Sports
 - Visceral
 - Special population



MASSAGE THERAPY CURRICULUM

MT CORE COURSES		
Trimester 1	Clock Hours	Credit Hours
MTE0101: Swedish Massage	125 Hours	7.5 Hours
AMM0101: Anatomy & Physiology	75 Hours	5 Hours
HHM0102: Nutrition	12 Hours	0.5 Hour
HYM0101: Hydrotherapy	20 Hours	1 Hour
HHM0101: Human & Health Hygiene	20 Hours	1 Hour
AMM0102: Pathology of the Massage Professional	40 Hours	2.5 Hours
BPM0101: Business Practices & Professional Ethics I	8 Hours	0.5 Hour
Trimester 1	300 Hours	18 Hours

Trimester 2	Clock Hours	Credit Hours
MFM0201: Myofascial Therapy	40 Hours	2.5 Hours
AMM0201: Applied Anatomy & Kinesiology	60 Hours	4 Hours
MTM0201: Neuromuscular Therapy	40 Hours	2.5 Hours
NMM0205: Eastern Modalities	32 Hours	2 Hours
BPM0201: Business Practices & Professional Ethics II	48 Hours	3 Hours
INM0201: Massage Therapy Intern Clinic	80 Hours	2 Hours
Trimester 2	300 Hours	16 Hours
PROGRAM TOTAL	600 Hours	34 Hours

GENERAL EDUCATION CORE COURSES		
Trimester 3 (AAS)	Clock Hours	Credit Hours
COSC1301: Introduction to Computing	48 Hours	3 Hours
ENGL1301: English Composition	48 Hours	3 Hours
SPCH1311: Introduction to Speech Communication	48 Hours	3 Hours
BIOL2401: Anatomy & Physiology I	75 Hours	4 Hours
BIOL2402: Anatomy & Physiology II	75 Hours	4 Hours
MATH1314: College Algebra	48 Hours	3 Hours
ENGL2326: American Literature	48 Hours	3 Hours
PSYC2301: General Psychology	48 Hours	3 Hours
TOTAL	438 Hours	26 Hours

Accreditation

Parker University is a not-for-profit university and regionally accredited by the Southern Association of Colleges and Schools Commission on Colleges.