

### **Trimester One**

#### **Required:**

Tappan's Handbook of Massage Therapy: Blending Art with Science (MTEC0101 class)

By Patricia J. Benjamin and Frances M. Tappan

ISBN-10: 0134082699

Published: Prentice Hall; 6<sup>th</sup> edition (April 5, 2015)

Trail Guide to the Body, 5<sup>th</sup> edition (AMMT0101, MTEC0101 classes)

By Andrew Biel and Robin Dorn

ISBN-10: 0982978650

Published: Books of Discovery; 5<sup>th</sup> edition (November 6, 2014)

Modern Hydrotherapy for the Massage Therapist (HYMT0101 class)

By Marybetts Sinclair

ISBN-10: 0781792096

Published: Lippencott Williams & Wilkins publishers; 1<sup>st</sup> edition (August 30, 2012)

Massage Therapist's Guide to Pathology: Critical Thinking and Practical Application, 6<sup>th</sup> Edition (AMMT0102 class)

By Ruth Werner

ISBN: 1496310829

Published: Lippincott Williams & Wilkins 5<sup>th</sup> Edition (February 2012)

Mosby's Essential Sciences for Therapeutic Massage: Anatomy, Physiology, Biomechanics and Pathology (Paperback), 4<sup>th</sup> Edition (AMMT0101 class)

by Sandy Fritz and Josh Grosenbach

ISBN: 0323077439

Published: Mosby; 4<sup>th</sup> edition (April 27, 2012)

#### **Suggested:**

Communication and Ethics for Bodywork Practitioners (BPMT0101)

By: Patricia M. Holland and Sandra K. Anderson

ISBN: 9780803624047

Published: FA Davis Company (2012)

Hands Heal (MTEC0101 class)

By Diana L. Thompson

ISBN: 1609133870

Published: Lippincott Williams & Wilkins; Third edition (June 27, 2011)

Wellness Workbook, 3<sup>rd</sup> Edition (HHMT0101, HHMT0102 classes)

By John W. Travis, MD and Regina Sara Ryan

ISBN: 1587612135

Published: Celestial Arts; 3 sub Edition (April 1, 2004)

Medical Terminology – A Short Course, 5<sup>th</sup> edition (AMMT0101 class)

By Davi-Ellen Chabner

ISBN: 1416055185

Published: Saunders; 5<sup>th</sup> edition (September 16, 2008)

Staying Healthy With the Seasons, 21<sup>st</sup> Century Edition (HHMT0101, HHMT0102 classes)

By Elson M. Haas, MD

ISBN: 1587611422

Published: Celestial Arts; 1<sup>st</sup> edition (September 1, 2006)

Trail Guide to the Body Student Handbook: How to Locate Muscles, Bones and More, 1<sup>st</sup> edition

By Andrew Biel and Robin Dorn (AMMT0101 class)

ISBN: 0965853462

Published: Books of Discovery; 1<sup>st</sup> edition (November 1, 2005)

### Trimester Two

#### Required:

The Muscular System Manual, 3rd Edition Joseph E. Muscolino (AMMT0201 class)

ISBN: 978-0-323-05723-3

Published: Mosby; (2010)

Direct Release Myofascial Technique - An Illustrated Guide for Practitioners (MFMT0201 class)

By Michael Stanborough

ISBN: 0443073902

Neuromuscular Therapy Manual (MTMT0201 class)

By Jocelyn Granger

ISBN: 9781582558004

Published: Lippincott Williams & Wilkins; 1<sup>st</sup> edition (October 14, 2010)

Success from the Start: Business Principles for Massage Therapists, Debra Koerner (BPMT0201)

ISBN-13: 9780803625754

Published: F.A. Davis Company; (March 3, 2013)

Trail Guide to Movement: Building the Body in Motion Paperback – 1<sup>st</sup> Edition Andrew Biel (AMMT0201 class)

ISBN-10: 0991466624

Published: Books of Discovery; (November 15, 2014)

#### Suggested:

Stretching

By Bob Anderson

ISBN: 0936070463

Published: Shelter Publications; 30th Anniversary Edition edition (April 6, 2010)

Basic Clinical Massage Therapy: Integrating Anatomy and Treatment, 2<sup>nd</sup> edition (AMMT0201 class)

By James Clay and David Pounds

ISBN: 0781756774

Published: Lippincott Williams & Wilkins; 2<sup>nd</sup> edition (December 1, 2006)

Bones, Joints, and Actions of the Human Body

Flashcards for Bones, Joints and Actions of the Human Body (AMMT0201 class)

By Joseph Muscolino

ISBN: 0323043011

Published: Mosby (2006)

Musculoskeletal Anatomy Flashcards (AMMT0201 class)

By Joseph Muscolino

ISBN: 0323034527

Published: Mosby, (Jan. 31, 2005)

Anatomy Trains- Myofascial Meridians for Manual and Movement Therapist, 2<sup>nd</sup> Edition (AMMT0201 class)

by Thomas W. Myers LMT NCTMB ARP Certified Rolfer

ISBN: 044310283X

Published: Churchill Livingstone; 2<sup>nd</sup> edition (December 3, 2008)