Trimester One

Required:

Tappan’s Handbook of Massage Therapy: Blending Art with Science (MTEC0101 class)
By Patricia J. Benjamin and Frances M. Tappan
ISBN: 0134082699
Published: Prentice Hall; 6th edition (April 5, 2015)

Trail Guide to the Body, 5th edition (AMMT0101, MTEC0101 classes)
By Andrew Biel and Robin Dorn
ISBN-10: 0982978650
Published: Books of Discovery; 5th edition (November 6, 2014)

Modern Hydrotherapy for the Massage Therapist (HYMT0101 class)
By Marybetts Sinclair
ISBN-10: 0781792096
Published: Lippencott Williams & Wilkins publishers; 1st edition (August 30, 2012)

Massage Therapist’s Guide to Pathology: Critical Thinking and Practical Application, 6th Edition (AMMT0102 class)
By Ruth Werner
ISBN: 1496310829
Published: Lippincott Williams & Wilkins 5th Edition (February 2012)

Mosby’s Essential Sciences for Therapeutic Massage: Anatomy, Physiology, Biomechanics and Pathology (Paperback), 4th Edition (AMMT0101 class)
by Sandy Fritz and Josh Grosenbach
ISBN: 0323077439
Published: Mosby; 4th edition (April 27, 2012)

Suggested:

Communication and Ethics for Bodywork Practitioners (BPMT0101)
By: Patricia M. Holland and Sandra K. Anderson
ISBN: 9780803624047
Published: FA Davis Company (2012)

Hands Heal (MTEC0101 class)
By Diana L. Thompson
ISBN: 1609133870
Published: Lippincott Williams & Wilkins; Third edition (June 27, 2011)

Wellness Workbook, 3rd Edition (HHMT0101, HHMT0102 classes)
By John W. Travis, MD and Regina Sara Ryan
ISBN: 1587612135
Published: Celestial Arts; 3 sub Edition (April 1, 2004)

Medical Terminology – A Short Course, 5th edition (AMMT0101 class)
By Davi-Ellen Chabner
ISBN: 1416055185
Published: Saunders; 5th edition (September 16, 2008)

Staying Healthy With the Seasons, 21st Century Edition (HHMT0101, HHMT0102 classes)
By Elson M. Haas, MD
ISBN: 1587611422
Published: Celestial Arts; 1st edition (September 1, 2006)

By Andrew Biel and Robin Dorn (AMMT0101 class)
ISBN: 0965853462
Published: Books of Discovery; 1st edition (November 1, 2005)
School of Massage Therapy Textbook List

Trimester Two

Required:

  Published: Mosby; (2010)

- **Direct Release Myofascial Technique - An Illustrated Guide for Practitioners** (MFMT0201 class)
  By Michael Stanborough
  ISBN: 0443073902

- **Neuromuscular Therapy Manual** (MTMT0201 class)
  By Jocelyn Granger
  ISBN: 9781582558004
  Published: Lippincott Williams & Wilkins; 1st edition (October 14, 2010)

- **Success from the Start: Business Principles for Massage Therapists**, Debra Koerner (BPMT0201)
  Published: F.A. Davis Company; (March 3, 2013)

- **Trail Guide to Movement: Building the Body in Motion Paperback – 1st Edition** Andrew Biel (AMMT0201 class)
  ISBN-10: 0991466624
  Published: Books of Discovery; (November 15, 2014)

Suggested:

- **Stretching**
  By Bob Anderson
  ISBN: 0936070463

- **Basic Clinical Massage Therapy: Integrating Anatomy and Treatment**, 2nd edition (AMMT0201 class)
  By James Clay and David Pounds
  ISBN: 0781756774
  Published: Lippincott Williams & Wilkins; 2nd edition (December 1, 2006)

- **Bones, Joints, and Actions of the Human Body**
  **Flashcards for Bones, Joints and Actions of the Human Body** (AMMT0201 class)
  By Joseph Muscolino
  ISBN: 0323043011
  Published: Mosby (2006)

- **Musculoskeletal Anatomy Flashcards** (AMMT0201 class)
  By Joseph Muscolino
  ISBN: 0323034527
  Published: Mosby, (Jan. 31, 2005)

  by Thomas W. Myers LMT NCTMB ARP Certified Rolfer
  ISBN: 044310283X
  Published: Churchill Livingstone; 2nd edition (December 3, 2008)